We, from RBCDH, have reasons for celebrating. This is Vol. 19, nr. 1, containing our - now we can say so - traditional characteristics. In this issue we present articles originated from several Brazilian states, and from abroad. Among our collaborators, mainly professors and Master/Doctorate students, but also professionals from Education and Health Services, this time professionals of Physical Education/Studies on Human Movement prevailed, but we also received articles submitted by psychologists, physicians, biologists, nurses, nutritionists, dental physicians, expressing once more our character of interdisciplinarity. Beyond several interesting original research articles, we must emphasise some excellent reviews on aspects of human growth and development. This issue comprised subjects from preterm neonates to anxiety in climaterium, a period of growing importance in the study of the life cicle.

Our satisfaction is even bigger because in this issue we also publish the abstracts of the First International Congress on Child and Adolescent Health, to be held in São Paulo from July 30 to August 2, 2009. We have great expectations for the Congress: we have

received more than 200 applications, almost 80 abstracts were approved; scientific contributions have come from many Brazilian states, maintaining a similar variety of origins and basic formations of their authors as we often see in our Journal; on the whole, many very interesting subjects and approaches are comprised in the abstracts.

Most lecturers are from São Paulo, due to budgetary reasons, but we are glad to confirm participants from eight Brazilian states, as well as from Canada, Portugal and the United Kingdom.

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